

Kindness Activity Calendar

December 2025

Monday

1 Donate to a toy drive.

Proverbs 11:25: "A generous person will prosper; whoever refreshes others will be refreshed."



Tuesday

2 Write holiday cards to folks at a nursing home.

1 Thessalonians 5:11 (NIV): "Therefore encourage one another and build each other up, just as in fact you are doing."



Wednesday

3 Name three things you are grateful for.

Psalms 118:29: "Give thanks to the LORD, for he is good; his love endures forever."

Thursday

4 Listen to a friend who needs an ear.

Proverbs 1:5: "the wise will listen and increase in learning."

Friday

5 Collect food and donate to a local food pantry.

Proverbs 22:9: "The generous will themselves be blessed, for they share their food with the poor."



8 Bring donuts to the office for your co-workers.

Luke 3:11: "Whoever has two tunics is to share with him who has none, and whoever has food is to do likewise."

9 Deliver a poinsettia to someone who lives alone.

Acts 20:35: "In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.'"

10 Write positive messages on sticky notes and leave for others to find them.

Ephesians 4:32: "Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

11 Donate books to your local library.

2 Corinthians 9:7: "Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."

12 Offer to rake leaves (or shovel snow) on someone's property.

Philippians 2:4 (ESV): "Let each of you look not only to his own interests, but also to the interests of others."

15 Leave snacks and refreshments for delivery drivers.

Romans 12:13: "Contribute to the needs of the saints and seek to show hospitality."



16 Write a handwritten letter and mail it.

2 Corinthians 3:3 (NIV): "You show that you are a letter from Christ, the result of our ministry, written not with ink but with the Spirit of the living God, not on tablets of stone but on tablets of human hearts."

17 Bake holiday cookies or treats for a neighbor.

Acts 20:35: "It is more blessed to give than to receive."



18 Donate socks to a homeless shelter.

Isaiah 58:7: "Is it not to share your food with the hungry and to provide the poor wanderer with shelter?"

19 Call a friend or loved one and ask how they are.

2 Kings 4:26: "Is it well with thee? Is it well with thy husband? Is it well with the child?"

22 Give someone a compliment.

Proverbs 12:25: "A kind word cheers it up."

23 Smile and say "hello" to people you see today.

2 Corinthians 13:12: "Greet one another with a holy kiss."

24 Share a holiday recipe with a friend.

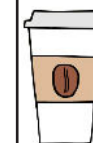
1 Peter 4:9: "Use hospitality to one another without grumbling."

25 Merry Christmas! Sing Happy Birthday to Jesus.

Luke 1:14: "He will be a joy and delight to you, and many will rejoice because of his birth."

26 Pay for the coffee of the person in line behind you.

Psalms 37:21: "The wicked borrow and do not repay, but the righteous give generously."



29 Send a silly photo to someone.

Philippians 4:4: "Rejoice in the Lord always; again I will say, rejoice."



30 Teach something new to someone.

Proverbs 9:9: "Give instruction to a wise man, and he will be yet wiser: teach a just man, and he will increase in learning."

31 Go for a walk and notice something new.

2 Corinthians 5:7: "For we walk by faith, not by sight."



We want to hear from you! Send us photos and comments to: megan.lukens@yale.edu. We want to see how your kindness has impacted those around you. For more information go to <https://tinyurl.com/yssjn6b>. Happy Holidays!

From the Center for Continuing Education at Yale Divinity School